



# Playworks Impact Report

## SOUTHERN CALIFORNIA

### April 2017

## Junior Coach

Playworks Southern California is pleased to present this end-of-year report providing highlights of our work during the 2015-16 school year. Playworks has improved the educational environment and boosted the social/emotional skills of 52,000 children at 102 elementary schools in Southern California.

## Tomorrow's Leaders, Today

The Playworks Junior Coach Leadership Program impacts young leaders and through them, the world. 1000+ 4th and 5th grade students participate in the Junior Coach Leadership Program. Junior Coaches:

- **Lead group games on the playground**
- **Solve conflicts with ro-sham-bo**
- **Reflect as a squad and learn to lead with respect and inclusion**

Junior Coaches become agents of real change in their communities. Playworks schools see:

- **94%** of teachers reported that Junior Coaches gain leadership skills
- **91%** of teachers reported that Junior Coaches are good role models
- **88%** of teachers reported that Junior Coaches increased their ability to work as a team



Fifth-grader Ethan Dodson at Joyner Elementary in the Watts neighborhood encourages peers to participate in games and helps them resolve playground problems peacefully. The positive vibe extends beyond the schoolyard and into the classroom, he observes. "Everyone has respect for the game and each other," he says. "I used to have friends who argued over a pencil in class. But now they do rock-paper-scissors to work it out."



### Social and Emotional Learning

Elementary students with strong social and emotional skills are<sup>1</sup>

**54%** more likely to earn a high school diploma

**2x** as likely to attain a college degree

**46%** more likely to have a full-time job by age 25



### Coach and Team Up

**98%** of administrators, teachers and support staff want Playworks to return next year

**20** average number of hours recovered transitioning from recess to learning

### AIM

### Join the movement for play!

We aim for **500,000** children in **800** elementary schools in Southern California to experience safe, healthy play every day by **December 2020**.

<sup>1</sup>American Journal of Public Health: November 2015. Early Social-Emotional Functioning and Public Health: The Relationship Between Kindergarten and Social Competence and Future Wellness.

## Program Evaluation Results

Every year Playworks conducts surveys ("Playworks Annual Survey 2015-16" attached) of principals and teachers at our partner schools to help us learn more about the impact of our program. Highlights from our annual survey for the 2015-2016 school year include:

**98%**

reported that students showed an increase in the intensity of physical activity

**90%**

reported Junior Coaches take on a leadership role during recess

**84%**

reported a decrease in the incidents of bullying during recess

## Youth Leadership

Percentage of staff that report Junior Coaches take a leadership role...

**90%** During recess

**71%** Outside recess

## Beyond School

Staff reported students gain skills that transfer into other aspects of their lives.

**83%** classroom and their community

**82%** workplace

PROGRAM COMPONENT	# OF STUDENTS SERVED AT LOW-INCOME SCHOOLS
<b>SAFE AND HEALTHY PLAY AT RECESS</b> (up to 30-45 min/day)	<b>33,000</b>
<b>CLASS GAME TIME</b> (every class on a rotating basis once every 2 weeks)	<b>33,000</b>
<b>JUNIOR COACH LEADERSHIP PROGRAM</b> (90-120 min/week leadership training)	<b>795</b>
<b>DEVELOPMENTAL SPORTS LEAGUES</b> (Girls Basketball, Coed Volleyball, Flag Football, Kickball)	<b>1,392</b>

The table above illustrates the number of students served by our Coach and TeamUp programming in low-income schools in Southern California, and supported by the generous gift from the **Mattel Foundation**.



## Visit a Playworks Partner School

With the help of expert consultants funded by the Einhorn Family Charitable Trusts, Playworks leadership across the country has set a goal of bringing our model of safe, healthy play to 7,000 elementary schools and 3.5 million children by December 2020. In Southern California, our goal (approved by the board of directors in March) is to reach 500,000 children at 800 elementary schools by December 2020. Southern California's central objective to achieve long-term organizational sustainability over the next 3 years is a key component of our plan.

Contact Diane Santana, Development Manager, at 310.822.4176 or [diane.santana@playworks.org](mailto:diane.santana@playworks.org) to arrange a visit for you at one of our partner schools this fall and discuss our plans to scale in Southern California. We deeply appreciate your support for Playworks' important work in Southern California this year.