



RECESS REBOOT

ENHANCE YOUR SCHOOL CULTURE WITH SAFE AND HEALTHY PLAY AT RECESS

Playworks provides four days of on-site modeling and consulting to develop adults at your school to elevate your recess climate. Through a gradual release training method, your team will learn to implement recess strategies, design an actionable sustainability plan, and leverage the tools provided to grow positive play culture.

WE LAUNCH



OVERVIEW

A Playworks trainer models and teaches strategies, games, and adult engagement to demonstrate and launch a fun, high-quality recess.



RECESS STAFF LEARNING

We provide professional training for the adults who support recess to activate their learning and empower them to create a positive play environment at your school.



JUNIOR COACH PROGRAM

We train and coach 4th and 5th graders to support their peers by leading games, resolving conflicts, and fostering inclusion at recess.

YOU SUSTAIN



RECESS MANAGER

Leads the Junior Coach Program, supports Recess Staff, and ensures a high-quality recess throughout the year.



RECESS STAFF

Your Recess Staff sustains playground games along with recess systems and strategies throughout the school year.



JUNIOR COACHES

Junior Coaches continue to serve as role models at recess with support from the adults in your community.

Community Support: Administration, teachers, parents, and volunteers support shared expectations.

COMPONENTS

PLANNING & SUPPORT

Guided strategic sessions with administrators and Recess Staff to design an actionable plan for sustaining a high quality recess. (Up to 2 hours)

STAFF LEARNING & DEVELOPMENT

Ongoing staff learning of recess strategies and practices, and development of new skills for real-time programmatic application throughout the Reboot. (Up to 6 hours)

RECESS

Experience high-quality recess with new games, systems, and student-empowered conflict resolution practices led by a Playworks Trainer and your Recess Staff. (During school recess)

JUNIOR COACH PROGRAM

Pre-selected students* learn to lead, play, and model positive behavior at recess. (2-hour training, live practice at recess)

*12 - 20 students total

CONSULTATION

Planning calls, live consultation during the week of delivery, and an optional consultation call post-training.

RECESS 101

A 30-minute lesson for select classes to build community, learn games, and practice new skills to apply at recess. (1 class / session)