



# Virtual Leadership Development

## Weekly Leadership Lessons for 4th and 5th graders

WEEK OF 6/1/20

*Practice your social-emotional and leadership skills by completing the three items below this week!*

1. Complete this week's lesson and activity focuses on Social Awareness and Perspective-Taking!
  
2. Complete the Perspective-Taking Storytelling Challenge!
  
3. Teach others in your home the games from the **GAME OF THE DAY CHALLENGE.**
  - This week the challenge includes:
    - Shadow Shadow
    - Tomato
    - Clean Your Room
    - Concentration Ball
    - This is my Nose



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### Social Awareness & Perspective-Taking

**Social Awareness** is the ability to empathize with others and involves identifying and recognizing emotions in other people.

**Perspective-taking** is the ability to see a situation from the viewpoint of another person--understanding their feelings, intentions, thoughts, or view of a particular situation.

#### Guided Questions:

Watch the video linked below and answer the following questions as you watch.

[Perspective Taking Video](#)

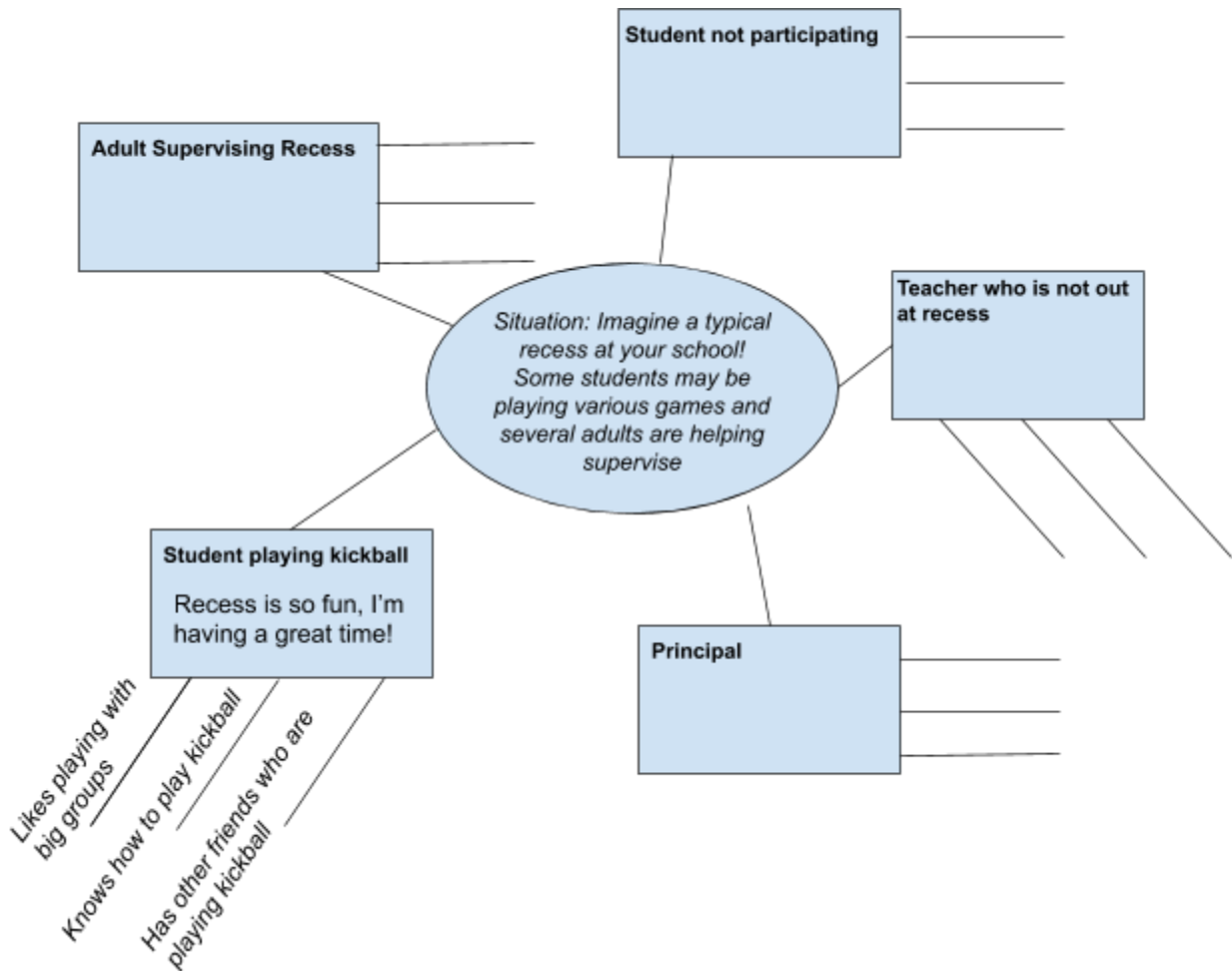
1. Do you have to agree with someone else's perspective in order to understand their viewpoint? Why or why not?
2. What did you initially see in the image that is shown 45 seconds into the video? Could you see both images once the narrator told you both options? Why do you think people see different images at first?
3. Fill in the blanks based on what is said in the video.

Sometimes to understand others and see from another's \_\_\_\_\_, we must \_\_\_\_\_ ourselves both physically and \_\_\_\_\_.

4. Why is perspective-taking important?

### Point of View Graphic Organizer

*Instructions: Consider the situation in the circle below. In each of the surrounding rectangles, write what you think the perspective of that person is. On the lines coming from the boxes, write down any factors that would impact that perspective. Think about: what are their cares, concerns, or motivations? See the “student playing kickball” box which has already been completed as an example!*





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### Perspective-Taking Storytelling Challenge

Right now is a difficult time for all of us. For many of us (including you!), our days and schedules have changed a lot recently. **Choose someone in your life (parent, friend, teacher) and write a story about their “Day in the Life” right now.**

You may not know exactly what their day looks like, and that’s OK! This is just a story. But remember to **try to put yourself in their perspective as you write about their day.**

Write at least one paragraph, but feel free to write more! As you write about their day, **use the following questions** to help you think about their perspective:

*What does their day usually look like compared to today? How are they feeling? What are they thinking? What motivates them? What do they care about? What is important to them?*