



WEEKLY GAME CHALLENGE

Learn and play a new game each day!

Week of May 25th

Each game requires minimal equipment and only a small number of people to play. Modifications for social distancing, age-appropriateness, and at-home accommodations are included. Click the title of the game in the list below to take you straight to the instructions!

MONDAY	<u>I Spy</u> A game that focuses on students' listening and observations.
TUESDAY	<u>Blizzard</u> Even though winter is over, you can play this fun game to work on coordination and creativity.
WEDNESDAY	<u>Annie I Over</u> A game that can be played indoors or outdoors, working on hand-eye coordination and paying attention!
THURSDAY	<u>4 Corners</u> A simple indoor game to help practice self-control and controlling body movements.
FRIDAY	<u>Did Ya Ever?</u> A word game that can be played in person or virtually!

Want to find more games you can play at home?

www.playworks.org/playathome

Tune into Facebook Live Recess every weekday at 11pm, 1pm, & 3pm CT

www.facebook.com/MakeRecessCount/



WEEKLY GAME CHALLENGE

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Monday: I Spy

of people to play: 2+

Best for ages: 6+

Equipment needed: No equipment needed

Setup/Teaching Time: 5 minutes

Before You Start

- Make sure players know to not make any physical contact with each other.

Set Up

- Designate an appropriate play area with clear boundaries.

How to Play

- One player is chosen to be the Spy, and they silently select an object that is visible to all the players.
- They do not announce their choice, and instead say, "I spy with my little eye something beginning with ...", naming the letter the chosen object starts with (e.g. "I spy with my little eye something beginning with C" if the chosen object is a car).
- Other players then have to guess the chosen object. Players can ask directly about particular possibilities ("Is it a tree?").
- Once a guesser has correctly identified the object, they become the Spy for the next round and the game starts again. Also the role of Spy can be passed around in a set order.
- The Spy cannot change the object once it has been chosen.

At-Home Accommodations

- You can switch to different rooms to play the game for more options.

Modifications for Social Distancing

- Make sure players are not touching anything, especially other players.
- Players should give each other space during this game.



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Challenge ideas

- Time them to see how long it takes players to figure out the object.

Game Variations

- Use colors for the object (ex: "I spy with my little eye something blue"). You can even use sounds (ex: "I Spy with my little eye something that sounds like").
- Use various descriptive clues (Ex: A watch is "something made of metal and glass that makes a quiet noise").



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Tuesday: Bizzard

of people to play: 1-10

Best for ages: 5+

Equipment needed: 1 piece of paper

Setup/Teaching Time: 1-2 minutes

Before You Start

- Find an open space large enough for your group to stand in a circle.

Set Up

- Stand with your group in a circle in the middle of your open space.
- Take the piece of paper and rip off or cut with scissors a bunch of small rectangles (about 2" wide by .5" tall). These will be the snowflakes.

How to Play

- For the first round, choose someone to hold one of the snowflakes (paper rectangles). When everyone's ready, throw the snowflake as high as you can in the air.
- As the snowflake floats down, work together with your team to catch it before it hits the ground.
- If you're able to catch it before it hits the ground you move up to the next round by shouting together "Just One More" and adding another snowflake.
- On the second round you must catch BOTH snowflakes to move up, on the third round you must catch ALL three to move up, the fourth you must catch ALL four... and so on
- If at any time you throw the snowflakes into the air and you are unable to catch ALL the snowflakes try that round again.
- Keep playing and get creative with how you work together to catch them all.

At-Home Accommodations

- Try dropping them all from a higher spot (ex. From the top of the stairs) for everyone below you to catch

Modifications for Social Distancing

- Play with your own set of snowflakes or on a team of 2 and compete to see who can catch the most



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Challenge ideas

- How many snowflakes can your group work up to?
- How many can you catch without using your hands?

Game Variations

- Play in smaller groups, with a partner or on your own



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Wednesday: Annie I Over

of people to play: 2+

Best for ages: 5+

Equipment needed: A Small Ball and a structure to throw it over

Setup/Teaching Time: 2 minutes

Before You Start

- Make sure you have a building, house, playground structure, or fence that you can throw the ball over.

Set Up

- Two teams, evenly divided, stand on opposite sides of a structure with one team holding the ball.

How to Play

- Divide the group into two teams.
- Use Rock Paper Scissors to decide which team throws first.
- Each team stands on opposite sides of a structure.
- The Throwing Team yells “ANNIE I OVER!” as a player throws the ball over the structure to the team on the other side.
- If a player on the Catching Team catches the ball before it hits the ground, the catching team runs around the structure to tag the other team’s players or hit them with the ball.
- If no player on the Catching Team catches the ball before it hits the ground, it is their turn to yell “ANNIE I OVER!” and throw the ball back to the other team.
- The Throwing Team needs to be prepared to catch a ball coming back over the structure, or to run around the structure safely to the other side if the other team attacks.

At-Home Accommodations

- You can play over a house, garage, fence, or any other structure that you can safely throw a ball over.
- If no structure is available set up a large rectangle and play around it! Use your imagination to throw the ball high over your invisible castle!



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Modifications for Social Distancing

- No Tagging! Play with one ball for each player. Players **MUST** throw a ball at other players below the shoulder instead tagging.
- Be sure to clean all equipment and wash hands before and after each game.



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Thursday: 4 Corners

of people to play: Any Size

Best for ages: 6-10

Equipment needed: None

Setup/Teaching Time: under 5 min

Before You Start

- Select player to be in the middle
- Select which corner is 1, 2, 3 or 4

Set Up

- Use any area with four corners (ex: living room, classroom, ect)

How to Play

- The player in the middle will count slowly 1-10
- While they are counting all other players must find a corner
- If players did not find a corner by 10, they must sit down
- After counting player in the middle either points their finger or calls out a corner
- If your corner is selected, you must sit down
- Middle player will count again and repeat steps
- Last player standing begins in the middle

At-Home Accommodations

- Instead of using corners, find 4 colored objects to use instead of a corner (when your color is called, you sit down)
- Instead of getting out each round, players at corner could rock paper scissors to decide who is next in middle

Modifications for Social Distancing

- Players must be standing far apart
- Players must each be standing on an object near their corner (ie: chair, step stool, step, ect.)

Challenge ideas

- Give less than 10 seconds to get to a corner
- Must be at a new corner each round



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- Instead of numbering the corners have each be a different state, or state capitol, or color to involve school content

Game Variations

- Person in the middle can pick the loudest corner, quietest corner, ect.
- Change middle person every round



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Friday: Did Ya Ever?

of people to play: 2+

Best for ages: 7+

Equipment needed: None

Setup/Teaching Time: 1-2 minutes

Before You Start

- Find someone or a group to play with

Set Up

- Did j'ever is a word game that can be played anywhere - even virtually. Play with a small group in person or play on a video call with a few friends.

How to Play

- The goal of the game is to create silly and ridiculous stories - one word at a time.
- One person starts the game by saying "Did Ya Ever?"
- The next person says one word to continue the sentence.
- The next person says the next word and so on...
- Keep adding words to the story and see where it goes! Anyone can start a new story by saying "Did Ya Ever?"

At-Home Accommodations

- Play during a meal or in the car

Modifications for Social Distancing

- Make sure everyone has a 6 foot bubble around them.
- Play virtually!

Challenge ideas

- How ridiculous can your stories get?

Game Variations

- Allow anyone to add to the story instead of going in order