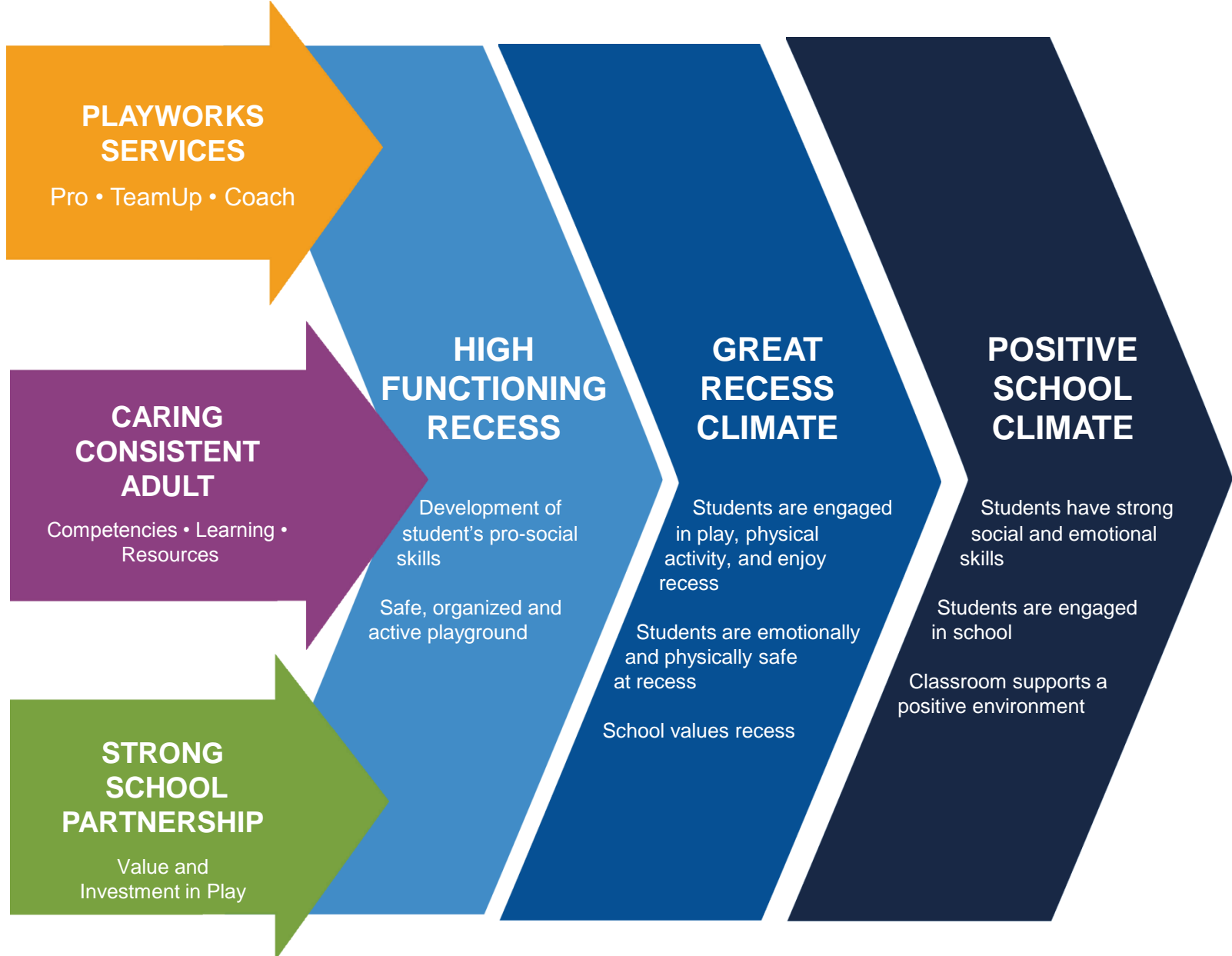


THEORY OF CHANGE



HIGH
FUNCTIONING
RECESS

GREAT
RECESS
CLIMATE

POSITIVE SCHOOL CLIMATE

Students have strong social and emotional skills

Students feel a sense of belonging
Students have connections with adults at the school
Students use conflict resolution skills throughout the day
Students use positive language in interactions with peers and adults

Students are engaged in school

High attendance rates
Smooth and timely transitions from recess to learning
Reduced behavioral disruptions
High participation in class

Classroom supports a positive environment

Promotion of conflict resolution skills
Promotion of positive language
Promotion of inclusion
Utilizes group management techniques

HIGH
FUNCTIONING
RECESS

GREAT RECESS CLIMATE

POSITIVE
SCHOOL
CLIMATE

**Students are engaged in play, physical activity,
and enjoy recess**

Games are sustained
Games are student initiated
Game boundaries are respected
High student participation in play
Games promote physical activity

**Students are emotionally and physically safe
at recess**

Amount of conflict reduced
Amount of bullying reduced
Adults spend less time solving conflicts
Students feel included
Students use positive language

School values recess

Teachers release students for recess
Recess is not removed as punishment
Teachers engaged in play with students

HIGH FUNCTIONING RECESS

GREAT
RECESS
CLIMATE

POSITIVE
SCHOOL
CLIMATE

Development of student's pro-social skills

Inclusion

*Adults and students model healthy play
All students are actively engaged in play
Games promote inclusion*

Positive Language and Behavior

*Adults use and promote positive language and behavior
Students use and promote positive language and behavior*

Conflict Resolution

*Adults promote use of rock-paper-scissors
Students involve adults to support pro-social behavior*

Safe, organized and active playground

*Common rules established
Clear boundaries identified
Equipment used as intended
Equipment distribution system utilized
Transitions to and from the classroom are effective
Appropriate supervision provided
Variety of physically active games offered*

PLAYWORKS SERVICE

Pro Service

1. Experienced certified trainer provide professional development
2. Consultation visits provide assessment, coaching, and action plans
3. Core Component: Recess

TeamUp Service

1. Experienced recess expert on site 40hrs per month
2. Work directly with school recess coach and administration as a recess consultant
3. Core Components: Recess, Jr Coach and Class Game Time

Coach Service

1. Playworks Coach on site 5 days per week for the school year
2. Hired, trained, managed by Playworks regional staff
3. Core Components: Recess, Jr Coach Leadership Program, Class Game Time, Leagues

CARING CONSISTENT ADULT

STRONG SCHOOL PARTNERSHIP

HIGH FUNCTIONING RECESS

SERVICE DELIVERY MODEL

CARING CONSISTENT ADULT

Adults at Recess

1. School Recess Coach/Team: recess coordinator, para-professional, noon-time aides, volunteers
2. Teachers
3. Playworks Coach

Skills & Competencies

1. Commitment to Youth Development
2. Inclusiveness
3. Continuous Learning
4. Team Player
5. Communication

Learning & Resources

1. Clarity on role, standards and best practices
2. Ongoing training, coaching and management
3. Peer learning network
4. Assessment process for quality control and continued learning and development

HIGH FUNCTIONING RECESS

STRONG SCHOOL PARTNERSHIP

SERVICE DELIVERY MODEL

CARING CONSISTENT ADULT

STRONG SCHOOL PARTNERSHIP

Value of Recess & Play

1. All students get access to recess every day
2. Recess is not used as disciplinary measure for classroom behavior
3. Play is accepted as a means to enhance student learning and social emotional development

Investment in Recess & Play

1. Adults actively support a great recess climate
2. Defined roles and expectations for school staff and Playworks
3. Training and planning time is devoted to developing a great recess
4. Commitment to owning impact sustainability
5. Sharing information on program impact at school, regional, and national level

HIGH FUNCTIONING RECESS