

# Tomorrow's Leaders, *Today*

The Playworks Junior Coach Leadership Program impacts young leaders and through them, the world.



PLAYWORKS

## 5000+

4th and 5th grade students participate in the Junior Coach Leadership Program. Junior Coaches:

**Lead group games on the playground**

**Solve conflicts with ro-sham-bo**

**Reflect as a squad and learn to lead with respect and inclusion**

Junior Coaches become agents of real change in their communities. Playworks schools see:

**Less bullying<sup>1</sup>**

**Fewer disciplinary referrals**

**More time spent learning<sup>2</sup>**

## 84%

of Junior Coaches experienced improvement in social and emotional skills.<sup>3</sup> Through the program they gain the skills they need for leadership and life.

Elementary school students with strong social and emotional skills are:

**54%** more likely to earn a high school diploma<sup>4</sup>

**2X** as likely to earn a college degree<sup>5</sup>

**46%** more likely to have a full time job at age 25<sup>6</sup>



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“Being a Junior Coach helped me with social interaction, especially when we led games together. **It made me more comfortable with who I am.**”

*-Julia, college student and camp counselor*

“I used to sit on the bench and do math problems to ignore recess. **The Junior Coach Leadership Program helped me learn more games, be more friendly, and not argue if I was out.**”

*-Adrian, current junior coach*

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To learn more, visit **playworks.org**

<sup>1</sup> Bleeker, Martha, Nicholas Beyler, Susanne James-Burdumy, and Jane Fortson. "The Impact of Playworks on Boys' and Girls' Physical Activity During Recess." *Journal of School Health* 85, no. 3 (2015): 171-78. Accessed January 15, 2016. doi:10.1111/josh.12235.

<sup>2</sup> Claassen, Jennette. "Survey Results - National." Playworks. August 25, 2015. Accessed January 15, 2016. <http://www.playworks.org/about/annual-survey/national>.

<sup>3</sup> Accomazzo, Sarah. "Evaluating the Social Emotional Competence of Playworks Junior Coaches 2014-2015 School Year and Identified needing to improve social and emotional skills experienced reliable improvement." Playworks and Kaiser Permanente Northern California Community Benefit Program, 2015.

<sup>4,5,6</sup> American Journal of Public Health: November 2015. Early Social-Emotional Functioning and Public Health: The Relationship Between Kindergarten Social Competence and Future Wellness.