



BASKETBALL HOT SPOTS

- 1. Start with at least two equal teams.**
- 2. One player from each team dribbles up to a cone/polyspot of their choice to shoot from.**
- 3. Player shoots from the polyspot to make a basket.**
- 4. If player makes the shot, that player then takes the cone/polyspot back to their line.**
- 5. If a player misses the shot, High-Five, Nice Try.**
- 6. Keep playing until all cones/polyspots are taken.**
- 7. Once all cones/polyspots are taken, spread them out and start again.**