HARNESSING THE POWER OF PLAY TO BRING OUT THE BEST IN OUR KIDS

Positive findings from a randomized controlled trial evaluation

PLAYWORKS SCHOOLS HAVE LESS BULLYING

Teachers in Playworks schools reported significantly less bullying and exclusionary behavior during recess\(^i\), a 43% difference in average rating scores\(^i\).

43% LESS

STUDENTS FEEL SAFER AT SCHOOL

Playworks teachers’ average rating of students’ feelings of safety at school was 20% higher than the average ratings reported by teachers in control schools\(^ii\).

20% HIGHER RATING

STUDENTS ARE ENGAGED IN MORE VIGOROUS PHYSICAL ACTIVITY

Accelerometer data showed that children in Playworks schools spent significantly more time in vigorous physical activity at recess\(^i\) (14% versus 10% of recess time, which is a 43% difference)\(^iii\).

43% DIFFERENCE

STUDENTS ARE READY TO LEARN

Teachers in Playworks schools reported spending significantly less time to transition from recess to learning activities (34% fewer minutes)\(^iv\).

34% FEWER MINUTES