



Virtual Leadership Development

Weekly Leadership Lessons for 4th and 5th graders

Relationship Skills & Building Relationships

Week of June 15th

1. Complete this week's lesson and activity focused on Decision Making and Problem Solving!

2. Complete the Solution Brainstorming Challenge.

3. Don't forget to teach others in your home some new games this week from the WEEKLY GAME OF THE DAY CHALLENGE.
 - This week the challenge includes:
 - Hide and Seek
 - Gaga Ball
 - Mountains and Valleys
 - Recycle Ball
 - Superstar



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Responsible Decision Making

Definition: *The ability to make good decisions.*

Guided Questions:

Answer the following questions as you watch two short videos on relationship skills

[Responsible Decision Making Video 1](#)

[Responsible Decision Making Video 2](#)

Answer the following questions based off of what you see and hear in [Video 1](#).

Making responsible decisions involves developing your own _____
such as _____, reliability, or _____.

Consider the scenario about Tim. He is considering skipping his online class.

1. What personal value (like trust or loyalty) is important to you and why?
2. Predict what might happen if Tim skips his class.
3. Can you think of a time when you had to delay something fun because you had chores or work to do?

Answer the following questions based off of what you see and hear in [Video 2](#)

Responsible decision making skills means making good choices even when it's not _____.



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Consider the scenario about Jordan. He has been stuck inside the house for 2 weeks and he is bored. He wants to watch TV, but his mom says no TV until he finishes all his homework.

1. What is the responsible choice for Jordan to make and why?
2. What might happen to Jordan if he makes a poor choice?
3. Can you think of a time when you had to make a good choice? Was it easy or hard? Explain why.



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Kid President & Making Tough Choices

[Watch Kid President](#) talk about making tough choices!

Name the ways Kid President says you can make choices. Then write one sentence about why that is a good or bad way to make choices.

1. Be impulsive
- 2.
- 3.
- 4.
- 5.

Kid President says: "There are no small people. And there are no small choice." Write at least a paragraph reflecting on this statement. What does he mean by this? Do you believe this is true? Why or why not?



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Solution Brainstorming Challenge

Directions: Follow the prompts below to come up with a solution for a decision you are facing! Use this process to think through different outcomes and consequences of your decision.

Decision / Problem:		
Solution 1	Solution 2	Solution 3
List 3 good things that can happen	List 3 good things that can happen	List 3 good things that can happen
List 3 not good things that can happen	List 3 not good things that can happen	List 3 not good things that can happen
How would these things make you feel?	How would these things make you feel?	How would these things make you feel?

What solution will you choose? _____

Check back later and write what the actual result of your decision was
