## **Playworks** Move It! Challenge

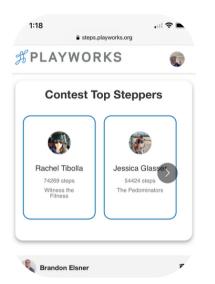


Move It! Challenge is a turn-key virtual tournament that engages employees in friendly competition to encourage movement and team building.

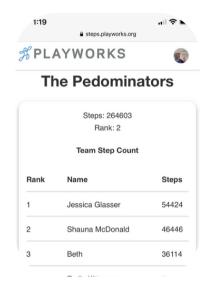
**1**. Participants track <u>daily activity</u> by time or steps and earn points for themselves and their team using a simple mobile web application.

2. Share images on the fun daily challenges to earn bonus points for themselves and their team.

3. Get motivated by a live leaderboard that shows real time updates of team ranks and individual top movers.







## Format:

- School Support & Fee: \$2,000
- In person, virtual, hybrid work environments.
- Suitable for 30+ employees.
- Customizable length, from 3 days to 2 weeks.
- Program set up and daily emails provided.
- Finale is automated, capturing the championship team & top steppers instantly!
- Summary impact infographic including results & daily challenge pictures provided.