EXPERIENCE THE POWER OF PLAY



For Schools and Youth Organizations

Get inspired and get moving.

Playworks has partnered with the Indiana Department of Education (IDOE) to offer professional development services to schools and districts that offer Out of School Time (OST) programs for elementary age students. Typically \$2,000-\$5,000, these services will be provided at <u>no cost</u> to the school or district. Options 1 and 2 can be delivered in person at your location or virtually.

Audience: OST Youthworkers and Educators

Timeframe: Training must be delivered by June 30, 2022

Eligibility: Any school or district in Indiana that offers OST programs (can be subcontracted) and can commit to a minimum of 10 participants attending training.

Express Interest: Please complete this brief <u>Google form</u> (QR Code above). Upon completion, you will be prompted to schedule a 30-minute call to determine the best option for your school or district, discuss any questions you may have and to finalize dates. Services will be provided on a first come first serve basis.

OPTION 1: FULL DAY TRAINING

Our professional trainers provide six hours of on-site professional development for groups of 10 to 35 participants. Through play, reflection, and discussion, participants experience the importance of play and learn to use play to create a safe and healthy environment for children.

Power Of Play (Morning)

Participants experience the power of play for themselves, while learning to use games to support the physical, social, and emotional development of your students.

- 1. **Ice Breakers**—use games to build community.
- 2. **Group Games**—make games and transitions successful with a large number of students.
- 3. **Core Recess Games**—set up common games for inclusion and easy conflict resolution.
- 4. **Benefits of Play / Barriers to Play**—what is the role of play in the context of learning recovery?
- 5. **Next steps**—reflect on best practices you can start to use this week.

Group Management (Afternoon)

Identify proactive behavior management strategies to integrate into daily routines. Your team will explore five key group management strategies that adults can use to set students up for successful social interactions and behavior.

- 1. **Building Rapport**—connect core values like empathy and respect to play time.
- 2. **Attention Getters and Signals**—practice new ways to get kids' attention and manage behavior proactively.
- 3. **Transitions, Openings, and Closings**—experience effective transitions and learn where and when to use them.
- 4. **Learning Styles**—learn concrete ways to help every child understand instructions and feel included
- 5. **Rules and Consequences**—participants learn the importance of consistent rules and consequences and have the time to visit this set of rules in their own school environment.

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OPTION 2: TWO FULL DAYS OF TRAINING

Everything from Option 1, plus:

Effective Game Facilitation (Morning)

This workshop is designed to increase participants' ability to facilitate our games. In addition, we impart the Playworks methodology for transitioning between activities and building cooperation among kids.

Group Management 2 (Afternoon)

We address how to establish and follow through on effective rules and consequences. The workshop also addresses "hot buttons," cool-down tactics, and creative incentives for positive behavior.

OR

Indoor Play Design (Afternoon)

This workshop teaches participants indoor games, how to map indoor play spaces, and how to create action plans to keep kids physically active.

OPTION 3: 12-MONTH ONLINE LEARNING SUBSCRIPTION

Your staff have access to all of Playworks' best practices and tools. Can be combined with other options or selected as a stand-alone service. A professional trainer provides a 30- to 60-minute virtual kick-off training for staff.

PlayworksU (All Year)

Bite-sized online courses that reinforce and build on the strategies staff learn in-person. Incorporate PlayworksU courses into staff meetings or let your team access at their own pace. One optional 30-minute phone call with a Playworks expert helps you adapt best practices for your context. More information at Playworks.org/Learn.

The trainer was amazingly upbeat and helpful in providing constructive solutions for everyday issues adults interacting with kids may face."

-Lauren Jones, Board member, Salem, OR

"I think the most valuable lesson the Playworks staff offers is how to build an inclusive, organized, 'let's-get-moving' culture of play. They empower everyone with the vision and the resources to make incremental changes that begin to positively impact not just the recess culture, but the entire learning culture of a school." CONTACT

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