



## PLAYWORKS

### Playworks Impact

For more than 14 years, Playworks has actively operated on the pavement, grass and hardwood of low-income schools throughout the country. More than just a proven model for increasing physical activity at schools, Playworks is actively helping to change the school culture and improve learning.

Playworks coaches are part of the school community, working full-time to help improve learning by bringing safe, healthy play to children on the playground, with teachers in the classroom and through leagues and leadership opportunities. With a unique focus on recess, Playworks employs play and physical activity as tools to teach valuable lessons that translate back to improved learning in the classroom. Students return to class after recess better able to focus and with fewer conflicts that cut into valuable teaching time. The result is that teachers can focus on teaching, and the schools and students benefit from the recaptured teaching time. ***In fact, many schools recapture more than 36 hours of teaching time a year – the equivalent of several weeks of math, language arts or other instruction.***

At the end of each school year, we survey the principals, teachers and staff at all of our Playworks partner schools to learn firsthand how our people and programs are impacting learning, climate and behavior among students. These surveys include are administered to hundreds of the adults who work most closely with the students we serve throughout the school day, and who see and feel the difference. Here's what they say about the impact of Playworks in their school.

#### Behaviors during recess:

- 90 percent of staff said that students' use of conflict resolution strategies during recess increased.
- 79 percent of staff said that bullying at recess has decreased.
- 90 percent of staff said that Junior Coaches take on a leadership role.

#### Behaviors during class:

- 65 percent of staff said that more students have on-task behavior in the classroom.
- 63 percent of staff said that the transition time from recess to classroom instruction has decreased.
- 71 percent of staff said that more students use conflict resolution strategies in class.
- 68 percent of staff report fewer conflicts during class

#### General items:

- 95 percent of staff said that their site coordinator *definitely* creates an inclusive schoolyard
- 97 percent of staff said they want Sports4Kids in their school next year.